

# Standard Precautions



- Good infection control practices reduce your risk of getting a disease at work
- The following are self-protection guidelines to use every time you have the possibility of exposure to diseases, blood or body fluids.
- The word STANDARD means that these precautions are to be used no matter what the circumstances.

## **Handwashing**

### **Hands must be washed immediately:**

- Immediately and thoroughly when soiled with any blood or other body fluids
- After gloves are removed
- When coming on duty
- Before leaving the restroom
- After blowing your nose
- After entering and before leaving a patient's room
- Before eating
- On completion of duty

### **When Washing Hands:**

- Wet hands and apply antibacterial soap
- Lather well for 15 seconds before rinsing under running water
- Be sure to completely rub all surfaces of the hands and fingers
- Be sure to clean under nail beds and remove any jewelry

## **PPE**

- Personal Protective Equipment- should be used as required
- If you are working in an area where there is a likelihood of exposure, you should never eat, drink, smoke, apply cosmetics, or handle contact lenses.

## **Gloves**

### **Must be worn when:**

1. Drawing blood
2. Starting IV's
3. When there is a possibility that there will be contact with blood and other body fluids
4. Assure you do not have a latex allergy before wearing gloves



## Respirator Mask

- Used for TB exposure
- Filters the air before breathing it and reduces the potential for occupational exposure to TB
- Must be tested for accurate fit
- Also- will have annual TB test done by.....

## Masks, Face Shields, Eye Covers

- Worn if splashing of the face or eyes is likely to occur.
- **Aprons and Gowns:** Worn if clothing is likely to be soiled by blood or other body fluids
- **Needles and Other Sharp instruments-** MUST be discarded in puncture resistant containers. DO NOT RECAP
- Employees who have open sores will not do direct patient care or handle patient care equipment until the employee has reported to the Health Nurse.

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Sign

Date

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